

For Maximum Protection and Comfort, Insert Quad-Flange Earplugs as Follows:

1. Grasp the plug by its stem and insert into the ear canal. Push and twist the plug toward the rear-center of your head until a seal is achieved.
2. The plug is best fitted when the three flanges are well inside the canal and the fourth flange (last) is blocking the canal entrance. However, smaller canals can still benefit with less flanges inserted in the canal when there is a good seal.
3. When a good seal is not obtained, try a different size or type of earplug. Quad-flange earplugs vary by manufacturer as to size availability.

